

MCC Tennis Schedule
Week of February 1st-7th 2010

Monday February 1st

4:00-5:00pm Racquet Rookies Clinic Coach Arthur Court #5

5:00-7:00pm Junior Team Tennis Workout Court #6

Tuesday February 2nd

9:00-1:00pm Marine League C2-1 vs Las Canchas Courts 10-11-12

4:00-5:00pm Racquet Rookies Clinic Coach Brian Court #5

Wednesday February 3rd

9:00-1:00pm Marine League C1-1 vs Live Oak Courts 10-11-12

4:00-5:00pm Racquet Rookies Clinic Court #5

5:00-7:00pm Junior Team Workout Court #5-6 Paul

Thursday February 4th

9:00-1:00pm Marine League A2-1 vs. Alta Vista Courts 10-11-12

9:00-1:00pm Marine League A2-2 vs. Las Canchas Courts 4-5-6

4:00-5:00pm Racquet Rookies Clinic Court #5 Brian & Kerry

5:00-7:00pm Novice Team Workout Courts 4-5 Kerry & Julia

Friday February 5th

9:00-1:00pm Marine League A-Open vs. West End Courts 10-11-12

Racquet Rookies Class 9:00-10:00am Paddle Court Julia

Junior Round Robin 6:00-8:00am Courts 2-3-5-6 Julia & Arthur

Saturday February 6th

8:00-9:30 AM Men's Workout Courts 4-5 Coach Brian & Julia

9:30-11:00 AM Ladies Workout Courts 4-5

9:00-1:00 PM Challenge Courts 10-11

1:00-3:30 PM USTA 8.0 Mixed Beardsley vs Redondo Courts 4-5-6

2:00-4:30 PM USTA 9.0 Mixed Strickley vs West End Lee Courts 10-11-12

2:00-4:30 PM USTA 8.0 Mixed Hightower vs West End Kodani Courts 15-16-17

Sunday February 7th

9:00-1:00 PM Challenge Courts 11-11

3:00-5:00 PM Junior Team Tennis Inter club Courts 4-5-6-7-8-9

Super Bowl 3:00 PM

2010 Winter Junior Tennis Clinics

Monday Racquet Rookies 4:00-5:00 PM Ages 5-6-7

Tuesday Racquet Rookies 4:00-5:00 PM Ages 6-7-8

Wednesday Racquet Rookies 4:00-5:00 PM Ages 4-5

Thursday Racquet Rookies 4:00-5:00 PM Ages 4-5-6

Thursday Novice Team 5:00-7:00 PM Ages 8-9-10-11

Friday Racquet Rookies 9:00-10:00 AM Ages 5-6

Saturday Racquet Rookies 11:00-11:30 PM Ages 5-6-7

Monday & Wednesday Open & Satellite Workouts 5:00-7:00 PM

**All workouts are drop in classes and billed to member account at \$20.00 per hour.

Saturday Morning Adult Tennis Workouts

Men 8:00-9:30 AM Courts 4-5 with Brian & Julia

Ladies 9:30-11:00 AM Courts 4-5 with Brian & Julia

**You can register at the Athletic Desk today!

Tennis Tip for the Week: Service Toss

“Many players have problem getting a good toss when they serve. To improve your toss try standing with your feet together when you serve and see if you can hit a good serve without falling over. This exercise is good to use before you starting serving in a game.” ~Mark McGuire