

MCC Tennis Schedule
Week of February 8-14th 2010

Monday February 8th

9:00-1:00 PM Marine League D1 vs PRC Courts 10-11-12
9:00-1:00 PM Marine League D2 vs Live Oak Courts 4-5-6
4:00-5:00 PM Racquet Rookies Clinic Coach Arthur Court #5
5:00-7:00 PM Junior Team Tennis Workout Courts #6

Tuesday February 9th

9:00-1:00 PM Marine League C2-1 PV1 Courts 10-11-12
4:00-5:00 PM Racquet Rookies Clinic Coach Julia Court #5

Wednesday February 10th

9:00-1:00 PM Marine League A1-1 vs A1-2 Courts 10-11-12
11:00-1:00-PM Marine League Langella RR Court #15-16-17
4:00-5:00 PM Racquet Rookies Clinic Court #5 Brian & Arthur
5:00-7:00 PM Junior Team Tennis Workout Court #5-6 Paul

Thursday February 11th

9:00-1:00 PM Marine League A2-2 vs A2-3 Courts 10-11-12
9:00-1:00 PM Marine League A2-1 vs JKC Courts 4-5-6
4:00-5:00 PM Racquet Rookies Clinic Court #5 Julia
5:00-7:00 PM Novice Team Tennis Workout Courts 4-5 Kerry & Julia

Friday February 12th

Racquet Rookies Class 9:00-10:00 AM Paddle Court Julia
Junior Round Robin & Ball Machine drill session 6:00-8:00 PM Courts 2-3-5-6 Julia & Arthur \$10.00 per person

Saturday February 13th

8:00-9:30 AM Men's Workout Courts 4-5 Coach Brian & Julia
9:30-11:00 AM Ladies Workout Courts 4-5
9:00-1:00 PM Challenge Courts 10-11
2:00-4:30 PM USTA 9.0 Mixed Strickley vs Alta Vista Mizuno Courts 10-11-12

Sunday February 14th – Valentine's Day

9:00-1:00 PM Challenge Courts 10-11
1:00-3:30 PM USTA Senior Mixed MCC Mann vs MCC Bornn Courts 10-11-12
1:00-3:30 PM USTA 8.0 Beardsley vs Alta Vista Oster Courts 4-5-6
3:00-5:00 PM JTT Satellite Kerry vs South End Courts 4-5-6-7-8-9

2010 Winter Tennis Workouts

Monday Racquet Rookies 4:00-5:00 PM Ages 5-6-7
Tuesday Racquet Rookies 4:00-5:00 PM Ages 6-7-8
Wednesday Racquet Rookies 4:00-5:00 PM Ages 4-5
Thursday Racquet Rookies 4:00-5:00 PM Ages 4-5-6
Thursday Novice Team 5:00-7:00 PM Ages 8-9-10-11
Friday Racquet Rookies 9:00-10:00 AM Ages 5-6

[Friday Junior Round Robin/Ball machine drill session.](#) Novice & Satellite levels.
6:00-8:00 PM. \$10 Per Person.

Monday & Wednesday Open & Satellite Workouts 5:00-7:00 PM

*All workouts are drop in classes and billed to member account at \$20.00 per hour.

Saturday Morning Adult Tennis Workouts

Men 8:00-9:30 AM Courts 4-5 with Brian & Julia
Ladies 9:30-11:00 AM Courts 4-5 with Brian & Julia

Up Coming Tennis Events

Ball Machine Workshop “How to operate a ball machine”

Saturday February 20th from 1:00-2:30 PM

FREE Friday Night Tennis Mixer & Demo Day with Lis Mantell & VOLKL Racquets

February 26th 6:00-8:00 PM. Register at the ASC Desk today.

Tennis Tip for the Week: First ball in (FBI)

“For many club players you hear that being called out on a regular basis. With the serve and return being the two most important shots in the game of tennis all players should take serves & returns before starting any type of match. “FBI” just slows play down and really isn’t proper tennis etiquette. Just get into the habit of all players taking a few minutes to take serves & returns.” ~ Mark McGuire